DIRECTIONS AND INSTRUCTIONS FOR THE USE OF MIGRAINE CAP



Overview

The Migraine cap is durable and reusable designed to provide effective migraine relief without the negative side effects associated with medication.

Each Migraine Cap is guaranteed to deliver excellent results for a period of 2 years from the date of purchase when used as directed.

Directions For Use

- Seal the Migraine Cap in a freezer bag and place in a freezer for a minimum of 5 hours prior to use.
- Wear a disposable shower cap under the Migraine Cap (disposable shower caps are available at various outlets).
- Insert cotton strips between the skin and the Migraine Cap to prevent frost bite around the ears.
- Secure the Migraine Cap with the strap for a snug and comfortable fit.
- Wear the Migraine Cap for a period for 30 minutes for the migraine headache to subside.

Contraindications

There are no contraindications associated with the use of the Migraine Cap.

Cleaning Instructions

- Gently wipe the Migraine Cap with a damp cloth and a small amount of mild soap.
- Avoid soaking or submerging the Migraine Cap in water or in any liquid.
- After cleansing allow the Migraine Cap to air dry.
- Reseal the Migraine Cap in a freezer plastic bag and replace in the freezer.
- Our objective is to provide excellent service and support to our clients. Feel free to email us with your feedback and suggestions.

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